

Ohki Siminé Forest



Fall 2016 Teaching Program ~ Boston, MA

Ohki is a spiritual teacher of Mohawk descent living in Chiapas, Mexico since 1985 where she collaborates with indigenous Mayas through her organization, Red Wind Councils. Trained & initiated by Maya, Mongolian & Canadian shamans, Ohki has taught Earth Ways, Women's Medicine practices & Spiritual Warrior/ess training for over 30 years. She is the author of ***Dreaming the Council Ways: True Native Teachings from the Red Lodge*** & a contributor to ***Original Instructions: Indigenous Teachings for a Sustainable Future*** & the ***Bioneers Legacy Collection, Indigenous Essentials***. She is also the creator of 9 inspiring teaching CDs of Native meditations & Drum journeys.

Ohki has offered widely acclaimed presentations at the *Esalen Institute & Bioneers in CA*, *Vedanta Centre*, the *Tesuque Pueblo Indigenous Seed Sovereignty* conferences, Unitarian Churches & Universities all over the US, *Southwestern College of Santa Fe* & the *NM 2012 Albuquerque conference - Wisdom from the Origins: The Maya Calendar with the 13 Grandmothers*, where her sacred wisdom, spiritual knowledge & profound Native traditions have brought inspiration to thousands.



Red Wind Circles in Littleton, MA

www.ohkisimineforest.com & www.redwindcouncils.org



Private Sessions with Ohki

From Sept 19th until Oct 4th ~ By appointment

- ◆ Discover your SPIRIT ANIMAL & gain insightful perspectives for your growth
- ◆ Receive a READING from Spirit guides for effective guidance on your path
- ◆ Ask for a LIMPIA for clearing of your field & body w/candles, flowers & herbs
- ◆ Request a deep NATIVE HEALING with feathers, smoke, hot stones & crystals

~ Public Event ~

Roudenbush Community Center, 65 Main Street, Westford, MA



Turtle Wisdom

An Effective Guide for Seekers & Healers

Earth Wheel Teachings

Wed, Sept 21 ~ 7PM to 9:30PM

*In Mother Turtle's heart pulses the pace & voice of sacred Earth
& the rhythm of the whole universe.*

Profoundly magical & truly liberating, the Medicine Wheel offers us a powerful & clear guide for spiritual growth. As we stand at the crossroad of escalating imbalances, Turtle Mother reveals all-encompassing teachings to inspire & strengthen us to be true emissaries of transformation in this **Era of Women**. Through native journeys, Ohki shares on the hidden veils & obstacles on the path to true consciousness & totality, how to release fears of shadows & heal old wounds. **Receive the blessings of healing, purification & protection** that the Earth Wheel confers to us.

Reservations recommended ~ \$25 suggested donation

Ohki's Native Teachings ~ from her dedicated Apprentices

— Ohki's profound guidance, wisdom & teachings have transformed me beyond anything I've encountered on other spiritual paths. She masterfully guides her students into walking with this powerful, timeless medicine for healing our souls & our world. Her ancient, yet timely message brings remarkable inner & outer transformations. She offers an authentic spiritual revolution that the world needs today!

— In my 20 years of study with Ohki, she has helped me see the deep cultural wounds & lies that I have been caught in & given me a multitude of tools to heal & help me move forward in life with more assurance & deeper understanding than I could have ever reached on my own. It is a true blessing from Spirit to have her as a Teacher & Guide.

~ Thursday Drum Circles ~

Spirit Horse

Warrior Training from the Red Wind

An Equinox Circle

Thurs, Sept 22 ~ 7PM to 9:30PM

Spirit of sacred Winds, Horses from the 4 horizons, help us rise above the dark clouds of our lower selves.

From the 4 directions comes the powerful Spirit Horse in the quest for the transformation of our selfish egos. For this Equinox time, Ohki gives an important training on the **13 precepts of warriorship** for overcoming all hindrances on the Spirit path. Red Wind Horse is a strong medicine to open our hearts & renew our determination to conquer the obstacles & dangers on the road to Totality & transform our shadows in a true vision of life. Understand the true definition of Power in Native ways & how to enhance your being with the power of Spirit beyond ego.

Reservations necessary ~ \$35



Ixchel Goddess

Midwife to 13 Sacred Moons

A New Moon Lodge

Thurs, Sept 29 ~ 7PM to 9:30PM

Ixchel, Goddess of all Medicines, you inspire us from the Regions of Mystery to overcome our delusions.

We celebrate your return through your beauty & wisdom within us & the profound transformation of your sacred Healing.

Invoked for ages by Maya priest/esses, **Ixchel**, moon symbol of renewal, midwifes us into sacred initiations of Life & Death. Known as the **Virgin of Guadalupe**, she has Eagle as her totem & teaches us a divine practice on the proper use of Lunar power for healing all physical, emotional & spiritual blocks & ailments. For this new moon, receive from Ohki this ancient Maya healing for a deep regeneration & heightening of your body & spirit through the **13 Spiritual centers**, also called the **Moon chakras**.

Reservations necessary ~ \$35

~ Saturday Retreat & Ceremony ~



Yaxkin,
Children of the Sun
Teachings for
Planetary Transformation

A Maya Fire Dance

Sat, Sept 24 ~ 1PM to 9PM

The Maya Red Sun, the Fifth Sun, announces the return of a powerful solar era of Feminine consciousness & the return of the living Spirit on Earth.

In ancient Maya, **Yaxkin** means Sacred *Children of the Sun*. As conscious beings, we have the potential to be a living flame of Sun's spirit on Earth in these times. We are now urgently asked to transmute our individual neurosis, selfishness & global destructive ways. More than ever, **humanity needs to commit to & develop a spiritual way of life**. How can we do this in the midst of our busy lives? For this retreat, Ohki shares effective & inspiring ways to integrate spiritual practices on a daily basis.

- ◆ Discover Ohki's compelling Native teaching of the **7 Essences of Soul** which guides you to understand your place in your life & the world.
- ◆ Receive an initiation into **Maya Sun practices** to purify the dark spots of your field, cut the energetic ties of your individual & collective karma, & eliminate suffering & blocks on your path by recharging your being & elevating your spirit.

Maya Fire Dance

Pray with Ohki for the crucial healing of humanity from ancestral fears, burn past negativity & dance for the restoration of spiritual Vision for this world.

Reservations necessary ~ \$265 w/ ceremony

Red Wind Councils

Founded by Ohki, this social justice 501(c)(3) organization is dedicated to ecological & medical projects with indigenous Maya, & to the renewal of Maya spirituality @ Ohki's Medicine Centers in Chiapas. Join us in our collective efforts to sustain this light of hope for a just world & for the impoverished Maya in resistance through your donations & monthly pledges.

Visit us @ www.redwindcouncils.org

~ Sunday Ceremony ~
Shamanic Healing Ways

**Soul Retrievals
& Limpias**

A Limpia Ceremony

Sun, Sept 25 ~ 4PM to 7PM

In the mind of a Native, there is no good & evil, wrong or right. There exists only balance & imbalance. Ailments are created by soul transgressions to Cosmic order. Thus, healing is the return to balance & Nature.

For thousands of generations, Native shamans have prevented & cured all sorts of bodily illnesses with fascinating ways of **clearing our fields & retrieving our soul & Spirit**. For this ceremony, Ohki shares on different types of shamanic healing & Native Limpias, & how the **5 elemental forces** are always part of shamanic healing practices. Done with sacred herbs, flowers, candles, smoke & feathers, receive this beautiful Native ceremony by shedding all negativity for greater protection, clearing your dream body, & enhancing your power of regeneration & health.

Bring a sacred power object to receive the blessings of the ceremony.

Reservations necessary ~ \$55



Visions of the Earth

For 30 years, Ohki's fair trade project supports talented Maya artists with unique creations such as Medicine pieces, jewelry, mask carvings & other one-of-a-kind crafts. **100% of sales return to these gifted crafters**

Ixmale,

Maya Textiles & Creations

The vision of Amalia Ixmale exquisitely combines ancient symbols & the traditional skills of Maya women weavers with contemporary designs, bringing Maya beauty into our daily life. This emerging line blends classic textiles & Maya visions with our modern needs.



Amalia Ixmale is a gifted artist, designer, & jeweler. Her name, **Ixmale**, means **Abundance of Corn**, her way of calling abundance for the Maya women.

~ Saturday Retreat & Ceremony ~



Dreaming Bear

Earth Ways to Manifest Abundance

A Sweat Lodge Ceremony
Sat, Oct 1 ~ 1PM to 9PM

Secrets from the Cavern of Dreams are whispering within our spirits from the depth of memory & ancient times, waiting for us to remember & embrace the treasures of Earth & True Self.

Profoundly grounding, Bear Spirit is a powerful totem inspiring us to dream a path to higher consciousness in order to live with abundance & happiness on Earth. Humility, heart-openness & intuition are powers gained with Bear medicine by the transformation of our inner shadows for a new dreaming in our subconscious minds. For this day-retreat, explore with Ohki vital teachings on **Native dreaming**, the **7 Native universal Laws** & the corresponding **Spiritual bodies** for clarity on your spiritual evolution.

- ◆ Connect deeply to your womb by grounding your spirit into this reality while strengthening your capacity to manifest Earth Abundance.
- ◆ Through journeys, unearth the great Dream of our beloved Mother for completing the full circle of your life & finding your true vision.

Sweat Lodge Ceremony

Participate with Ohki in this sacred ceremony & honor your relationship to Mother Earth & Great Spirit. Fasting day ending with a Native feast.

Reservations necessary ~ \$265 w/ ceremony

Amalia, Maya Massages & Facials

Amalia Ixmale, 4th generation healer, offers a limited number of **regenerating Maya Massages** with special Maya herbal oils, & **uplifting Facials** with Chocolate, Maya clay & Mexican Avocado.

Contact us for more information & to register



Ohki's Event Calendar

For reservations & information:

Mary Jo Fernandez (978) 633-7388
bridge@redwindcouncils.org

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
9/18	9/19	9/20	9/21	9/22	9/23	9/24
	SESSIONS	SESSIONS	SESSIONS ----- Roudenbush TURTLE WISDOM Earth Wheel Teachings 7PM-9:30PM	SESSIONS ----- Drum Circle HORSE An Equinox Circle 7PM-9:30PM	SESSIONS	Saturday Retreat YAXKIN A Sun Lodge A Maya Fire Dance 1PM-9PM
9/25	9/26	9/27	9/28	9/29	9/30	10//1
SESSIONS ----- Sunday Ceremony SHAMANIC WAYS A Limpia Ceremony 4PM-7PM	SESSIONS	SESSIONS	SESSIONS	SESSIONS ----- Drum Circle IXCHEL GODDESS A New Moon Lodge 7PM-9:30PM	SESSIONS	Saturday Retreat DREAMING- BEAR A Sweat Lodge Ceremony 1PM-9PM
10/2	10/3	10/4	10/5	10/6	10/7	10/8
		SESSIONS				

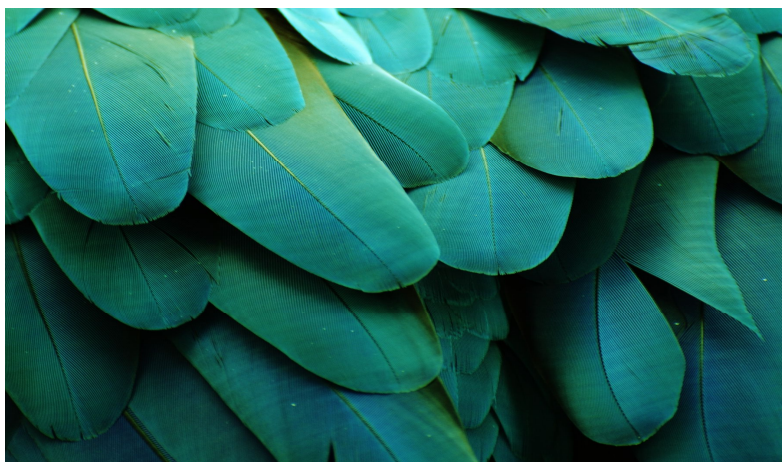
We thank you very much for your generous support of Ohki,
her spiritual Centers, & the indigenous Mayas

~ Contact ~

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Checks to: **Red Wind Councils**, PO Box 413, Littleton, MA 01460



Red Wind Councils, Inc. is a 501(c)(3) non-profit. Tax ID #: 20-3633955

www.ohkisimineforest.com & www.redwindcouncils.org



~ Cancellation Policy ~



For all circles, seminars & sessions:

Full fees are required to reserve your space

For cancellations 15 days prior to the events:

Registration fees will be refunded less 20% for administrative costs

All quotes in course descriptions are from Ohki S. F.

Photos by Amalia M. Forest