

Ohki Forest

Fall 2024 Teaching Program

At the Red Wind Medicine Center of Santa Fe, NM



Our beloved teacher, Ohki, & all of us at Red Wind Councils are truly pleased to warmly invite you to our **Red Wind Medicine Center 23 min. from Santa Fe** for her great Fall program! **Please join us to activate our Crystal Medicine Wheel, our new Tipi & Sweat lodge & the Fire circle at the Center for creating a higher frequency in the World, & to honor the ancient spirits of this special place** sent to Ohki by her Bird Tribes guides. Surrounded by stunning views of several mountain chains in the area, the Center is by conservation lands & the old San Marcos Pueblo, the Corn Pueblo on Turquoise trail, an original sacred site still venerated today by many Pueblo Natives & the Hopis.

Ohki welcomes you to participate in her vision of deep healing of the 1st wound of the Americas. **Her ancient indigenous guidance activates astonishing levels of inner & outer transformation that the Earth, our spirits & our hearts need now more than ever!** With her profound guidance & knowledge, visionary insights & deep wisdom, she masterfully guides us in walking with this powerful Medicine for healing our souls & renewing our Vision for the world.

Private Sessions with Ohki

Available by Appointment ~ Sept 20 to Nov 6

- Discover your **SPIRIT ANIMAL** & gain valuable insights for your life & spiritual growth
- Receive a **READING** from the Spirit Guides for clear, effective guidance on your path
- Ask for a **MAYA LIMPIA** to clear your body & spirit field with candles, flowers & herbs
- Request a deep **NATIVE HEALING** with chanting, rattling, feathers & copal smoke

Contact Patricia Worth ~ nmregistrations@redwindcouncils.org ~ 505.429.0529

Ohki's Bio

Initiated into the Mohawk traditional longhouse, Ohki is a vision-holder of Mohawk descent living in Chiapas, Mexico since 1986 where she collaborates with indigenous Mayas through her non-profit charitable organization, **Red Wind Councils**. Trained by Mongolian shamans, Native & Maya Medicine people, Ohki has taught Earth Ways, ancient Women's practices & Spiritual Warrior/ess trainings for over 35 years. She has successfully led at distance hundreds of seekers in Vision Quest process for the past 3 decades. She is the author of **Dreaming the Council Ways: True Native Teachings from the Red Lodge** & the creator of 9 CDs of ancient Native meditations & Drum Journeys as well as a video titled: **Transforming Humanity's Shadows**.

In the past 35 years, Ohki has offered widely acclaimed presentations at the Esalen Institute, Bioneers in CA, MA Vedanta Center, Tesuque Pueblo's Seed Sovereignty conferences, Unitarian Churches in the USA & Canada, Southwestern College, in Santa Fe, NM, & at the 2012 conference **Wisdom from the Origins: The Mayan Calendar** with the 13 Grandmothers, among others. Her sacred wisdom & profound spiritual knowledge have brought guidance & inspiration to thousands. In 2020, Ohki was honored with the prestigious **Eagle Feather Award** from the Society for Shamanic Practice for her lifelong dedication to imparting original Native shamanic ways to people of all backgrounds. And in May 2024 she participates in the Global Gathering titled: **Shamanism for Inspired Action** - From Vision to Creation.

www.ohkiforest.com ~ www.redwindcouncils.org



Red Wind Councils

www.redwindcouncils.org

Founded in 1987 in Chiapas, Ohki's social justice 501(c)3 organization, *Red Wind Councils*, is dedicated to Maya social & ecological projects, emergency medical funding, & **the Ixmalé Crafts** projects as well as the renewal of Native spirituality at Ohki's Medicine Centers in Chiapas & in the USA.

Join us in our collective efforts to sustain this light of hope for a just world & for the impoverished Maya through your kind donations & monthly pledges.

Ohki & Amalia Ixmalé bring **exquisite Craft items**
from the **Maya women & daughters in Chiapas** every year.

100% of proceeds & donations return to the Maya

September Program
~ Sunday Equinox Ceremony ~



The 7 Arrows of Buffalo Woman
Equinox Initiation for Inner Transformation

A Sweat Lodge Ceremony

Sun, Sept 22 ~ 1pm to 10pm

White Buffalo Woman represents the divine feminine energies of purity, nurturance & sacred link to the Earth. It has been prophesied that in these times of the Return of the Feminine, she will come back & restore universal balance & harmony to this World

For this Fall Equinox & Door of Shamans, Ohki shares a crucial teaching on the ancestral & meaningful role of Buffalo Spirit Woman in the creation & development of Native spirituality still present to these days throughout all North America. Incarnated from the **Bird Tribes family of Souls** to this Earth plane a long time ago, Buffalo woman brought & educated the Native peoples into the Medicine Wheel ways, the 7 directional dimensions, Sweat Lodge ceremony, 7 essences of Souls, among many others of her powerful sacred ways. For this Sunday retreat Ohki focuses specifically on the **7 Arrows teaching** which confers great achievement & profound impact in the spiritual warrior's path.

- Ohki reveals how this **Give-Away Medicine** can bring true Abundance in our lives by understanding the proper use of our minds & spirits & capacity for manifestation
- **For this 7 Generations Healing**, join Ohki to inaugurate the new Sweat Lodge at her Center & celebrate altogether a deep soul & spirit renewal from Buffalo's Medicine

Bring a special object to place at the Buffalo altar by the Sweat Lodge

Reservations necessary ~ \$255 includes \$75 donation for the Sweat Lodge dedicated to the Maya ~ Fasting Day plus Maya Feast afterwards \$20

~ Sunday Equinox Ceremony ~



Limpia Purification from Armadillo

Transmute your Inner Wounds for Higher Evolution

A Maya Healing Circle

Sun, Sept 29 ~ 3pm to 6:30pm

A Maya Limpia ceremony is traditionally performed once a year & greatly helps physical & spiritual diseases as well as protects us from psychic attacks & even cures heartbreaks! It deeply calms & purifies our Soul.

Armadillo is an ancient, sacred Maya totem, which allows us to discern between our **false shields from the true ones**. When Armadillo is threatened, it effectively rolls up in a tight ball & his solid shell symbolizes a great protector for Spirit. In the same way, Armadillo makes us see through our shadow fears, attracts good luck & many **beneficial blessings to us**. Done with flowers, sacred herbs, copal smoke & special candles from Chiapas, this beautiful Limpia ceremony optimizes our health to receive **the gift of rejuvenation & well-being**.

- Learn from Ohki about the inner false shields which make us weak & receive the transformative energy of this **collective Limpia**
- Restore & cleanse your field & dream body of **old debris of negativities, anger & stress** of the year while helping you restore your **innate self-healing power**

Bring a sacred object representing your Power Animal for the Limpia Ceremony

Reservations necessary ~ \$75 includes Limpia materials (candles & herbs)

October Program

~ Thursday Drum Circle ~

A Bridge to the World of Shamans

Journey to the Sacred Center of your True Self

A Mongolian Lodge of Rejuvenation

Thurs, Oct 3 ~ 6:30pm to 9pm

The world of Shamans seems often quite inaccessible, but in reality the world should be governed by Shamans who should be at the Center of human affairs so we can reach a world of true peace, consciousness & balance.

For this Drum Circle, Ohki explains from Mongolian & Native traditional ways the many characteristics of **what it means to be a Shaman/ess**, how can we become one, what is involved in the tests towards this important quest & learn how to see the difference between a true & a false shaman. She explores the importance of developing the inner capacity to see Spirits, **how to manifest & call abundance for all** & how to rejuvenate in order to accomplish our destiny at the Center of the Wheel. What is the journey of a shaman? Shamans are crucial to this world for they use their knowledge to guide people into **spiritual awakening**.

- Learn from Ohki about the vital principles of the **Center direction** as the ultimate goal to reach in the cycle of our lifetimes, thus setting the path correctly for our personal evolution
- Drum with Ohki & her lineage of shamans to call the energetic opening for the true shamans of the world to **come forth & bring the changes** that are so needed in these times

Bring a sacred object of your Power Animal for the Native Healing altar

Reservations necessary ~ \$50



~ Sunday Drum Circle ~

The Butterfly Tree of Life

Unite with your Sacred Inner Family
A Circle for Balance & Totality

Sun, Oct 6 ~ 3pm to 6:30pm



The Tree of Life is an important, ancient native symbol of harmony & rebirth. It symbolizes a portal to other worlds where we merge with the Source of all life. Its mystical guardians are Butterflies which protect the Tree to achieve alignment & immortality, & becomes a powerful model for the True Humans towards inner transformation.

The Butterfly Tree of Life, or the axis of the great Maya Ceiba tree of the world, is a very ancient symbol & model for humans to align with **the Root Lodge & the Sky Lodge**, conferring harmony within & in our relationships with the elemental forces & all other beings. By the power of metamorphosis of Butterfly Medicine, we deeply heal our **wrong perceptions & limitations** of ourselves & others. This takes us to **transmute Duality** which is the cause of all delusions & blinding masks in the world. This powerful Totem makes us **develop our inner eyes to see our soul** & the souls of all that surround us by connecting to our inner family. The Butterfly Tree of Life is **a direct path to our inner Center** through illumination & the creative manifestation of who we truly are.

- Ohki helps us recognize **the main obstacles** to all relationships by overcoming the fear of vulnerability & how to ground & ascend in our Butterfly Tree
- Join Ohki in a **Fire Forgiveness Ceremony** to realign our past & open us to transcend obstacles to create our own future

Reservations necessary ~ \$75

~ Thursday Drum Circle ~



Spiritual Warrior Ways of Wolf Chief

Discover your inner & outer Guides

A Hunter's Full Moon Lodge

Thurs, Oct 10 ~ 6:30pm to 9pm

The way of the Wolf is a way to listen to our silent Self & to find our individual uniqueness through life. Since eons, Indigenous have lived in harmony with our wolf relatives & considered them expressions of Great Spirit.

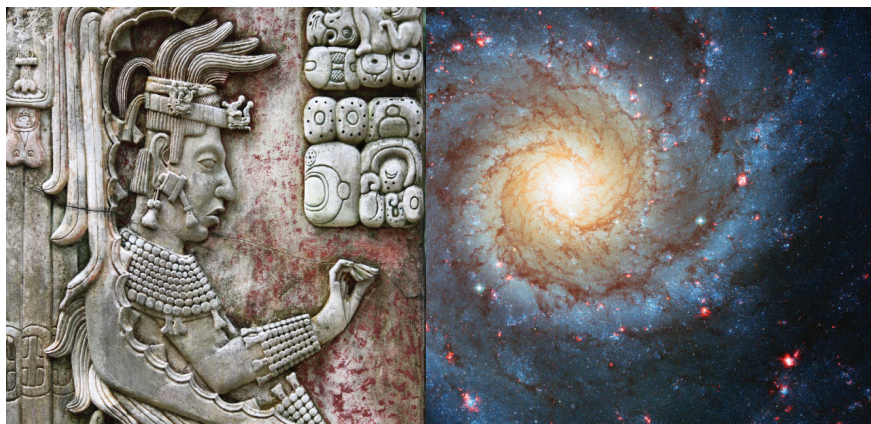
Wolf Spirit teaches us how to find our own way, learn what is best for us, how to teach others by not teaching, & be a true **model of leadership**. This Hunter's full moon reminds us to simply look at the ground under our feet & always move from the Earth rather than from the illusions of our ego. For this circle Ohki takes us in a journey **to meet our own Chief guides**, both female & male. She explains about **the principles of spiritual Warriorship** so we can reach the highest freedom & wisdom in this lifetime, & thus, find our vision & true destiny.

- Drum with Ohki to receive the teaching on **how to contact our inner & outer guides** as well as understanding the principles on how to be a **good leader**
- Receive protection, strength & vitality from Wolf Medicine & call for the renewal of our spirits

**Bring a special object to place at the Moon altar
for enhancing your inner spirit & soul**

Reservations necessary ~ \$50

~ Saturday Spiritual Retreat ~



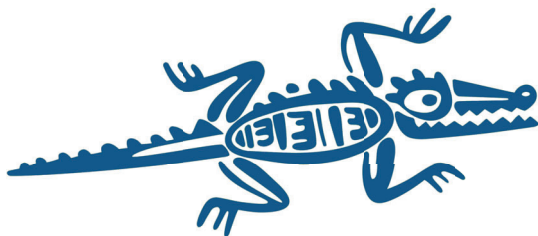
Itzamná, Maya Cosmic Crocodile
Transform Karma through the 13 Upperworlds

Original People's Day

Sat, Oct 12 ~ 1pm to 9pm

Itzamná, a benevolent Crocodile deity, is one the most multifaceted goddesses in the Maya culture, being sovereign of sky, day & night. The ancient Maya saw that at each corner of the universe there are 4 pillars guarded by Crocodiles.

For the Maya, Iztamná, the greatest crocodile of them all, resides at the Center of the Wheel thus has a male & female representation.





Itzamná, Crocodile Medicine, represents a Maya creation story of how the universe was made along with the passage of day, night & time. This he/she god brought many valuable discoveries, such as the cultivation of corn, the creation of calendars & writing, & the discovery of Maya medicine.

For this day retreat, we have a **Crystal Wheel ceremony** for helping raise the consciousness in the world & **how to transcend Karma** beyond the now. Ohki brings the important **13 Upperworlds teachings** to further understand the map of the **13 levels of consciousness** & how to reach them.

- Ohki shares about the **power of prayers** & how to pray so the calling is effective in our lives
- Drum with Ohki on this **Original People's day** for the calling of higher consciousness in the world towards indigenous & all people of colors, & humanity in general

Reservations necessary ~ \$235 plus Maya Snacks \$10

~ Saturday Spiritual Retreat ~



Coatlicue, Jaguar Earth Goddess

Unearth the 5 Faces of our Great Mother

A Fire Dance Ceremony

Sat, Oct 19 ~ 1pm to 10pm

Coatlicue, the great Maya Mother of all things, gives birth to the stars in the universe. She sits on an Underworld Jaguar in the Maya cosmovision & it is said that all Creations come from her.

For this day circle & Fire dance ceremony, Ohki shares about Coatlicue, the Maya Goddess who holds the **4 great Faces** or main forces of the universe. Coatlicue's main totem animal is the rattlesnake, symbol of death, transmutation & regeneration, but she also sits on a Jaguar representing **the mastery** of all that exists. Coatlicue holds the **Council of Mothers** into the Earth & the Medicine Wheel of the Underworlds. The Mothers bring **the promise of rebirth**, & Ohki explores **the prophecies** of the Mothers to find answers & true balance in these times.

- Learn from Ohki about the significance of the 4 Faces in our lives, how to recognize & honor them in our daily lives
- Celebrate with Ohki in a **Fire Dance Ceremony** at the Red Wind Crystal Wheel to call forth the transformation of dark energies & celebrate the return of the Feminine & the Earth ways within all of us.

**Bring a special object to place at the Jaguar altar
for enhancing your inner spirit**

Reservations necessary ~ \$255 ~ Semi-Fasting day plus Maya Feast \$20

~ Thursday Drum Circle ~



13 Moons of Maya Turtle

Enter the Power of the Feminine Era

A New Moon Lodge

Thurs, Oct 31 ~ 6:30pm to 9pm

According to legend, when the Earth was all water, a powerful Spirit placed some earth on ocean Turtle's back & created the world we see today. It was at this time that this Spirit realized there were 13 plates on Turtle's back & decided to position the 13 Grandmother Moons on it. Turtle became the main symbol for the 13 Maya Moon calendar.

Maya Turtle is the great Dream of our Earth & Ocean Mothers. With her we can transmute a toxic world. Turtle Mother teaches us how to become true **agents of transformation** & how to heal our profound imbalances. Deeply magical, Turtle with her 13 moons, as taught in the ancient Maya calendar, helps us **connect to our highest selves**. A 13-Moon Calendar is the logical & natural way to configure the 365-day cycle of the year. The year is instead measured into 13 months, each one of even 28 days. Ohki gives vital teachings on how to **connect the 13 moons** of the chakras in our human body.

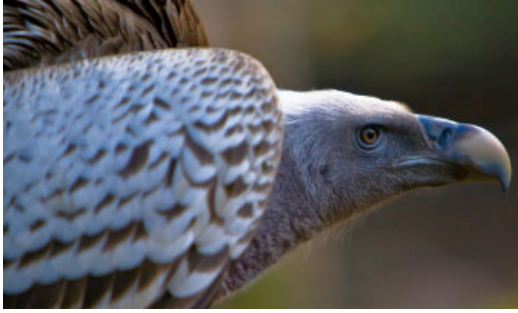
- Receive a teaching on what are the 13 Moons & how to rebalance & **enhance our dream bodies**
- For the **New Moon lodge**, learn about the spiritual significance of the phases of the Moon & drum with Ohki to elevate ourselves into the Earth, Ocean & Moon

Bring a special object to place at the Turtle Moon altar for enhancing your inner spirit & soul

Reservations necessary ~ \$50



November Program
~ Saturday Spiritual Retreat ~



Zopilote, Keeper of the Death Passage

Underworld Journey to Death Mother with Vulture

Day of the Dead Celebration

Sat, Nov 2 ~ 1pm to 9pm

Vulture, or Mexican Zopilote, is a powerful symbol of rebirth after the Death passage bringing change & new opportunities. Symbol of dismemberment, she helps us retrieve the different pieces of our soul after the dismemberment of the false images of ego. Vulture invites us to welcome this moment by stretching our wings in the early sun, just as she does every morning.

Ohki studies with you Vulture Medicine, a very fit Totem for this Day of the Dead. Vulture is a **responsible & powerful protector** to anyone who invokes her for **the Death passage**. Ohki explores with you the true meaning of Death & how to help yourself & others during the death passage & what to expect. Because Vulture has such a **clear vision & is a true master of the skies**, she helps us to see beyond the appearance of dying, recognize the false signs, & how to stay focused on the path to the other worlds.

- When **the veil between this dimension & the spirit world is at its thinnest**, celebrate with Ohki & Amalia the Day of the Dead, or Dia de Los Muertos, revered since ancient times.
- For this Drum circle, communicate with **Death Mother** to understand her true nature, release old & stuck energies of the year & free yourself from **fears of death**.

Bring photos & objects of your passed loved ones for the Vulture altar

Reservations necessary ~ \$235
plus Maya snacks \$10



Amalia Ixmalé



Maya Crystal Healing Treatments

A 4th generation Maya healer, Amalia, Ohki's daughter, offers her regenerative & centering **CRYSTAL HEALING treatments** to help you recover your physical inner balance & receive emotional & spiritual resourcing. Done with high-quality stones placed on your body (purified after each session), Amalia performs a shamanic clearing with feathers & rattles & sweeps your field with fresh herbs & special herbal sprays that she makes.

1 hour ~ \$105

Maya Facials

Experience her soothing, restorative & beautifying **FACIAL treatments** with Maya Kakaw (Chocolate), fresh Avocado, or Banana & honey & high-quality essential oils & natural creams that Amalia prepares.

1 hour ~ \$75

Amalia is available Sept 20 to Nov 6 ~ by appointment



Ixmalé Medicine Pouches & Necklaces

Amalia creates exquisite & magical **Medicine Pouches & Medicine necklaces** which bring a variety of blessings to your life such as **Protection, Grounding, Dreaming, Abundance, Courage, Unconditional Love**, among others. They contain carefully selected natural elements & special spirit stones imbued with the Medicines of the Sun, Moon, Earth & the Crystal Wheel at the Chiapas Red Wind Center.

Custom orders available ~ www.redwindcouncils.org

The Ixmalé Project: Maya Textiles & Creations

Amalia's **ixmalé Project** supports talented Maya artists & women weavers with one-of-a-kind creations such as Medicine objects & jewelry, exquisite embroidery pieces & backstrap loom textiles. She also creates her own pieces & jewelry. Her second name **Ixmalé** means **Abundance of Corn** in a Maya dialect which she chose for calling abundance to the Maya artists & women.

100% of sales return to the Maya



Ohki's Event Calendar

For reservations & information:
 Patricia Worth (505) 429-0529
nmregistrations@redwindcouncils.org



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
SEPTEMBER 9/15	9/16	9/17	9/18	9/19	9/20 Sessions	9/21
9/22 Sweat Lodge BUFFALO WOMAN Fall Equinox 1pm-10pm	9/23 Sessions	9/24 Sessions	9/25 Sessions	9/26	9/27	9/28
9/29 Limpia Ceremony ARMADILLO 3pm-6:30pm	9/30 Sessions	OCTOBER 10/1 Sessions	10/2 Sessions	10/3 Drum Circle SHAMAN'S WORLD 6:30pm-9pm	10/4	10/5
10/6 Drum Circle BUTTERFLY TREE OF LIFE 3pm-6:30pm	10/7 Sessions	10/8 Sessions	10/9 Sessions	10/10 Drum Circle WOLF CHIEF Hunter's Full Moon 6:30pm-9pm	10/11	10/12 Saturday Retreat CROCODILE Wheel Ceremony 1pm-9pm Original People's Day
10/13	10/14 Sessions	10/15 Sessions	10/16 Sessions	10/17	10/18	10/19 Saturday Retreat JAGUAR Fire Dance Ceremony 1pm-10pm

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
10/20	10/21 Sessions	10/22 Sessions	10/23 Sessions	10/24	10/25	10/26
10/27	10/28 Sessions	10/29 Sessions	10/30 Sessions	10/31 Drum Circle MAYA TURTLE New Moon 6:30pm-9pm	NOVEMBER 11/1	11/2 Saturday Retreat ZOPILOTE Day of the Dead 1pm-9pm
11/3	11/4 Sessions	11/5 Sessions	11/6 Sessions	11/7	11/8	11/9

- Amalia is available from Sept 20 to Nov 6 for her Crystal Healings & Maya Facial Treatments
- Please see the calendar in her brochure or go to our home page at www.redwindcouncils.org for more details



The Red Wind Center of Santa Fe, NM

Location of Events ~ 23 minutes south of Santa Fe
It's a scenic, easy drive on Highway 14 (Turquoise Trail)
Bring Drum or Rattle



Contact

Patricia Worth ~ 505. 429.0529 ~ nmregistrations@redwindcouncils.org

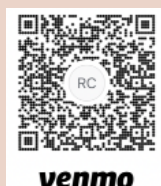
Make Checks to:

Red Wind Councils, PO Box 29077, Santa Fe, NM 87592

Checks, credit cards & cash are accepted

10% Discount for Native people ~ Payment Plans Accepted

100% of Ohki's earnings go towards her Projects with the Maya people
& her Chiapas Medicine Centers



We sincerely thank you for your support of Ohki, Amalia,
& the indigenous Mayas at Red Wind!

Red Wind Councils, Inc. is a 501(c)(3) charitable non-profit. Tax ID #: 20-3633955
www.ohkiforest.com & www.redwindcouncils.org

Cancellation Policy

Early registrations recommended as space is limited

For all events: Full fees are required to reserve your space

There are no refunds for cancellations 7 days or less
prior to events, sessions & treatments

Due to Ohki & Amalia's need for reservations ahead of time,
we appreciate your kind understanding of our policy.

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